

High, Low, or Normal

Help your child understand the difference between a high voice, a low voice, and a normal voice. Start by making your own speech high on a single word or short sentence. Then, ask your child “did that sound high or low?”. Help your child identify that it was high and then color in one of the stars under “high”. Practice having him/her identify when you say something high, low, or normally. Once your child is able to do this, you can work on identifying it in his/her own speech during simple activities like playing go fish or using sentences to describe pictures in a book. You can also talk about what other sounds are high or low.



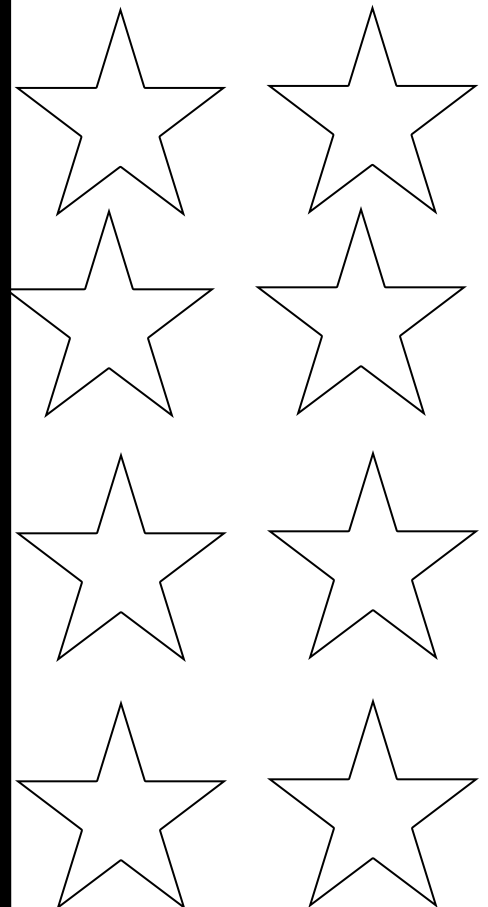
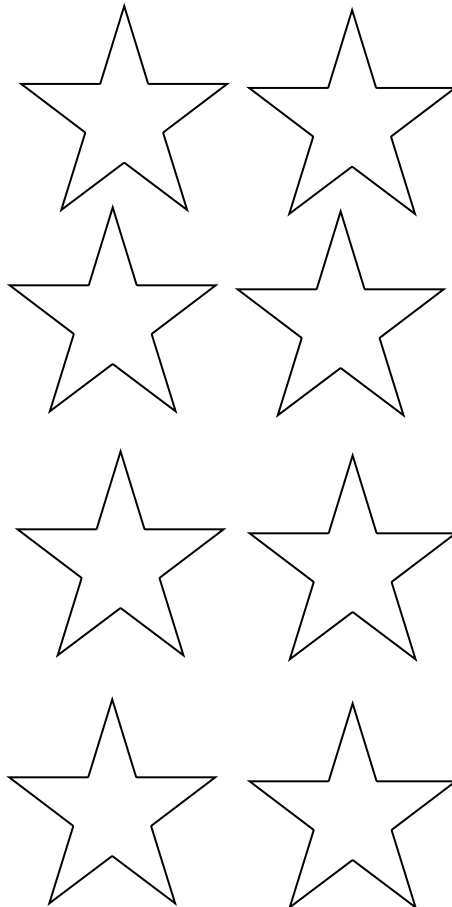
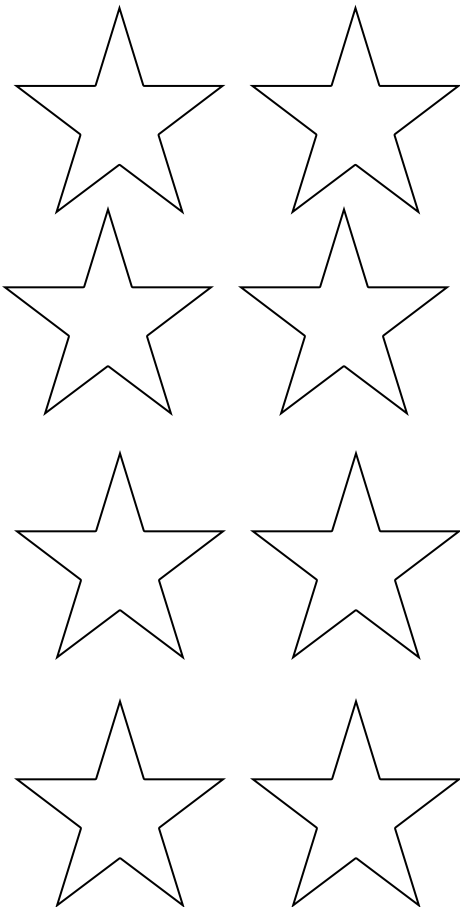
High



Normal



Low



Extra Practice: Throughout the day, “accidentally” say something in a very high voice. Then, catch yourself out loud by saying something like “that was too high, let me try again”. Then, say it again with a normal pitch.