



3-Step Directions in the Natural Environment

Introduction:

Children with speech and language problems often have trouble following multi-step directions. To work on this, we first address 1-step and 2-step directions. Once the child is able to follow 1 and 2 steps, you can start working on these 3-step directions. It is important to have the child practice following 3-step directions in a natural environment (like a classroom or at home) because that is where he will be expected to do this in real life. For that reason, all of the directions in this pack are similar to ones the child might encounter in real life.

Instructions:

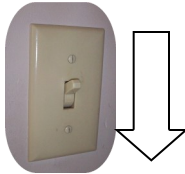
1. Print out the follow pages and, if you want, cut the pages into strips with one direction per strip.
2. At first, show the child the direction strip and read each part of the direction as you show him the pictures that go with it. Have the child take the strip with him as he follows the direction so he can check his work as he goes along.
3. Once the child can follow the directions correctly while holding the strips, have him look at the strip once when you tell him the direction, and then put it away while he follows the directions from memory. After he completes the direction, let him look at the pictures on the strip to see if he did it correctly.
4. Once the child can do the previous step, say the direction out loud but don't let him see the pictures. After he completes the direction, let him look at the pictures on the strip to see if he did it correctly.

The Next Step:

After practicing these, start giving the child 3-step directions to follow throughout his daily activities. Get his attention first by saying his name and then saying "listen" or "I need to give you a direction". Repeat the direction twice before having the child follow through. If needed, have the child repeat the directions back to you before starting. If the child forgets one or more steps, stop him and help him try to remember by saying things like "I told you 3 things to do, do you remember what the next thing was?"

Following 3-Step Directions

Instructions: Cut out these strips and tell the child one set of directions while showing him the pictures. Have him follow the directions. Start by letting him take the strips with him while he does the directions, then, have him do it later for memory or without the pictures at all.



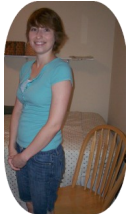
Go to the light switch, turn it off, and come sit back down.



NAME

?

Raise your hand, wait until I say your name, then ask a question.



Stand up, push in your chair, and line up at the door.



Fold a paper, throw it away, and come sit back down.



Take off your shoes, put them by the door, and sit in a chair.

Following 3-Step Directions

Instructions: Cut out these strips and tell the child one set of directions while showing him the pictures. Have him follow the directions. Start by letting him take the strips with him while he does the directions, then, have him do it later for memory or without the pictures at all.



Title of the
Book
By: Author
Illustrator



Pick out a book, open to the title page, and point to the first word in the title.



Walk to the shelf, pick out a book, and take it back to your seat.

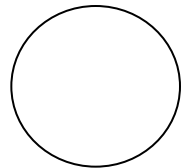


2

Sit down, close your eyes, and take 2 deep breaths.



Carrie



Ask someone for a piece of paper, write your name, then draw a circle.



Walk over to a friend, say hi, and give them a compliment.