

Generalization of Therapy Skills

Generalization of therapy skills is a vital component of successful therapy. Sometimes this step is the very hardest. Whether you are working on voice, speech and/or tongue posture and beyond, these ideas may start the process of finding the right reminder for your student. The key is to individualize the reminder. Also, to know that some may not work and it is okay to troubleshoot before finding the one that really helps them succeed.

Visual:

- Note cards (student designed) around school/house
- Bookmark
- Stuffed animal in an unusual place in house
- Sticker on name tag/binder (anything that sits on desk at school)
- Sticker on water bottle
- Painted fingernail/nail stickers
- Background/wallpaper on phone
- Orthodontic elastic/rubber band on watch
- Special bracelet/ring
- Picture of therapist J

Tactile:

- Orthodontic elastics on pencils
- Rubber band on water bottle
- Special bracelet/ring
- Puffy sticker on device/game controllers
- Puffy sticker on phone
- Rubber band around device or book
- Vibration alarm set at certain intervals

Auditory:

- Trigger word (therapist, teacher, parent to say)
- Alarm set a certain intervals