

Daily Behavior and Mood Tracker

Raters: _____

- 1= **Independent**: appears calm, ready to work, positive interactions with others
- 2= **Minimum Support** to: engage in tasks, maintain positive interactions, comply with directives
- 3= **Moderate Support** to: engage in tasks, maintain positive interactions, comply with directives, *modified expectations and environment*
- 4= **Maximum Support** to: engage in tasks, maintain positive interactions, comply with directives, *significantly modified expectations and environment*
- 5= **Maximum Support**: escalated, non-compliant, work refusal, negative interactions with others

WEEK OF:	ARRIVAL									DEPARTURE
MONDAY	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
TUESDAY	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
WEDNESDAY	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
THURSDAY	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
FRIDAY	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5

WEEKLY SUMMARY	
1-2 Ratings	
3-4 Ratings	
5 Ratings	

Additional Notes:

Daily Behavior and Mood Tracker

Instructions

1. For each column insert a transition or activity (i.e. recess, math, etc.).
2. At the end of each week summarize the responses for each rater and consult with the child's team to determine patterns of behavior and levels of mood or sensory arousal for a target child/client.