

No-Prep Pacing Board Activities

Introduction:

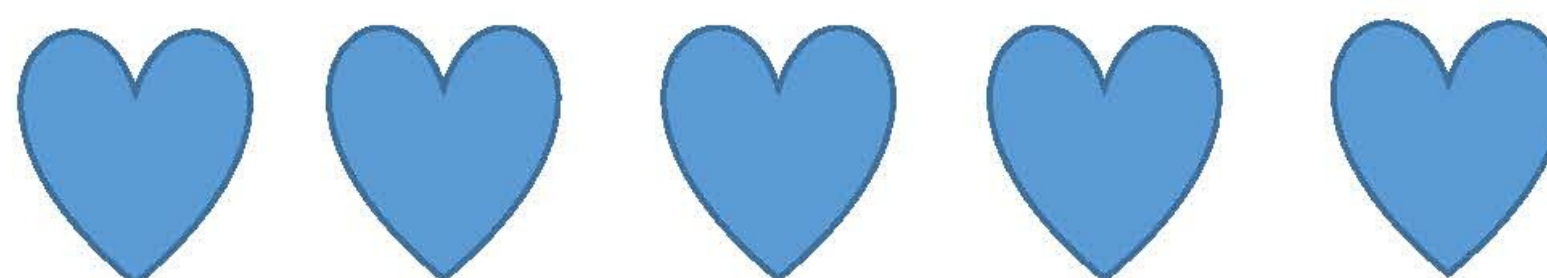
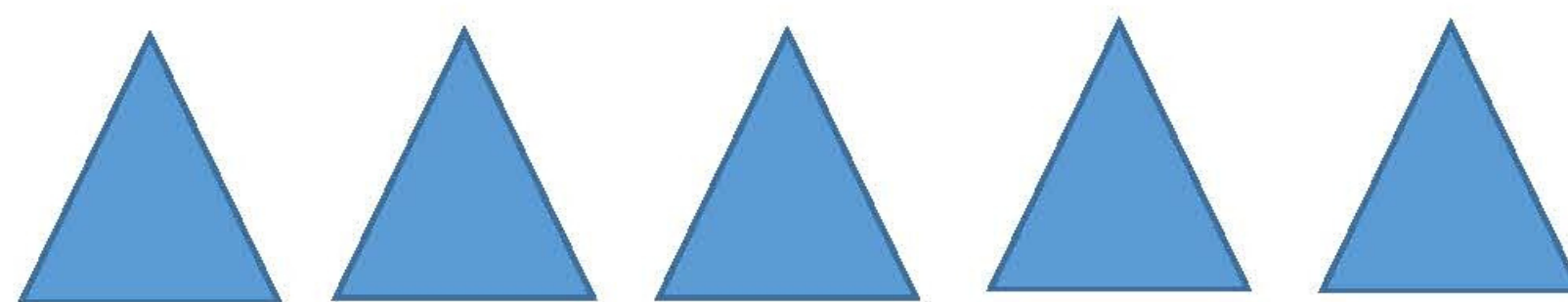
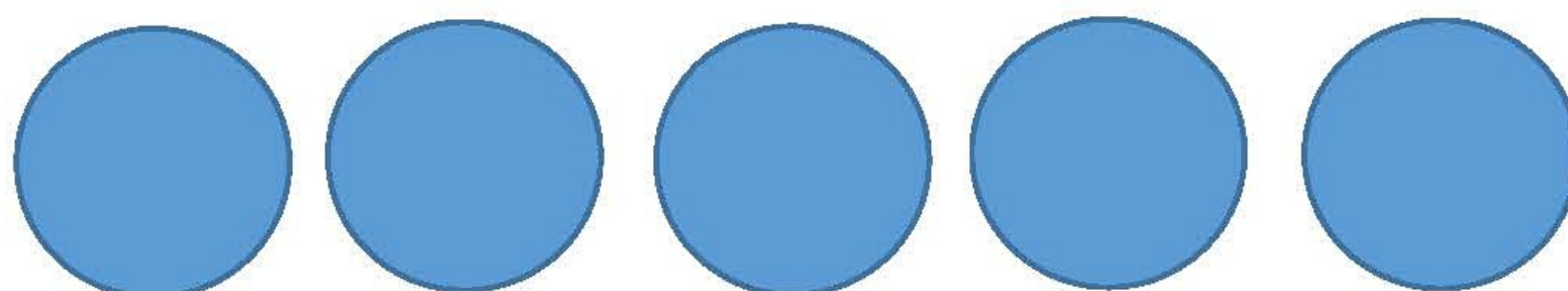
During the indirect phase of therapy, we're not talking about the child's speech at all. Instead, we're addressing the concepts of fast speech/slow speech and bumpy speech/smooth speech in order to indirectly target communication. However, you might find that some children will begin to identify these concepts in their own speech once they understand what they are, and that is okay! From there, you can begin introducing more direct therapy such as pacing using a pacing board.

Background:

This worksheet focuses on the concepts of fast/slow and manipulating those speeds utilizing a pacing board. Start by introducing the concepts of fast/slow from the moment you see the child. You might walk fast and slow to the therapy room. Label your movement as you head toward your destination (i.e., "Oh man, we're walking so slow- like a turtle!" or "Wow, we're walking fast like a cheetah. We're going to get there quickly."). Once you're in the therapy room, continue with these background/foundational concepts by adding fast/slow speech examples. Once the child has mastered the ability to identify fast/slow in your speech, begin to incorporate more direct therapy by introducing pacing boards. With the pacing board you can teach the child to manipulate their own speech for increased fluent productions; however, hold off on this activity until you feel the child is ready. If you need to take a step back, you can use these worksheets as an indirect approach instead by modeling the activity yourself (i.e., YOU use the pacing board and demonstrate the target words and phrases).

Instructions:

Print the attached page of pacing boards. Use the boards to model breaking up syllables in multisyllabic words as well as slowing speech (tap each shape as you say a word) in phrases and sentences. Use the boards to indirectly (you model using the boards) or directly (the child taps the shapes on the board) target fast/slow concepts necessary for fluent speech.



Sample Target Words/Phrases/Sentences:

Open
Hello
Goodbye

Uh Oh
Elephant
Airplane

Helicopter
Octopus
Running

Let's go.
I'm sorry.

Help me.
Thank you.

Please stop.
How are you?

I like popcorn.
I eat pizza.
Please go away.

Play with me?
I play basketball.
I like that!

I ride the bus.
I don't know where it is.
Can you please help me with my homework.
I like to order chicken nuggets with BBQ sauce and French fries.